

<b>Information blitz 5</b>	<b>Values of volunteer activities</b>
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Volunteer activities support important values.

In volunteer activities, you can make an impact on your own life, the lives of others, and society as a whole. Volunteer activities are part of active citizenship. They support democracy, equality, and non-discrimination.

Many join volunteer activities because they want to make an impact on commonly valuable matters. Examples of these matters include, for instance:

- Nature conservation
- Reducing inequality
- Promoting reading or sports hobbies
- Preventing marginalization
- Integration into Finland
- Community togetherness in one's own residential area.

As a volunteer, you can promote things important to you and meet others that share your opinion on those things.

Key to all volunteer activities is that nobody be discriminated against and that everybody be equal.

It is important that we all do our best to make it possible for as many people as possible to participate and feel welcome.

Equality-promoting **Safer space principles** are applied to all the City of Vantaa's premises. These principles help make activities pleasant and safe for everybody. The principles are made together with users of the premises in question. For example, Sports Services and libraries have their own safer space principles, which are regularly updated and recapped.

A safer space refers to a place where as many people as possible feel safe. The aim is that nobody be subjected to discrimination, bullying, harassment, or violence. Furthermore, safer spaces are also barrier-free and easy to access, to the extent possible.

When you act as a volunteer, you are committed to adhering to and promoting the safer space principles, which constitute a part of the induction of volunteers.

The city's employees and volunteers promote safer spaces by preventing and intervening in bullying. For yourself, a safer space means that you do not have to face discrimination when acting as a volunteer.

What kinds of values would you like to promote when working as a volunteer.

