

Information blitz 1	What do volunteer activities entail?
	<p>So good to see that you are participating in this volunteer activities course!</p> <p>Have you already seen the video about the community cleanup? The video told you about one type of volunteer activities, participating in communal work. You can also collect a group of friends and arrange communal work yourself.</p> <p>The volunteers and their instructors on the video share their thoughts and experiences regarding the City of Vantaa's volunteer activities. Information blitzes will give you additional information. This is the first information blitz, and it explains what volunteer activities entail.</p> <p>A key principle of volunteer activities is that everybody can be a volunteer. Volunteers are ordinary people that are interested in promoting the common good.</p> <p>As a volunteer, you can do things that you find meaningful and important. During volunteer activities, you can also learn new things and skills, which may benefit you later in life. When you are applying for, for instance, a job, it is worth your while to mention your volunteer tasks in the job application.</p> <p>As a volunteer, you can also make an impact. Have you ever been annoyed at how much trash there is in the environment or at the lack of local hobbies or events? You can do something about these matters.</p> <p>You will not be paid for volunteer activities, but you will get other benefits and joy. It may also be a source of your personal wellbeing. For many people, volunteer activities are "their own thing."</p> <p>When talking about volunteer activities, one often talks about peer activities, as well. Peer activities refer to support and activities with other people. People that share similar experiences or objects of interest act together. For example, clubs, hobbies, and support groups may have peer activities.</p> <p>Peer activities are based on the feeling of belonging together and on similar life experiences. Key to the activities are reciprocity, equality, respecting other people, as well as trust.</p> <p>In Finland, volunteer activities have long traditions. The contributions of volunteers are appreciated and praised. It is easy to join appreciated, familiar, and safe activities.</p> <p>This course will give you examples of the City of Vantaa's volunteer activities. You will be able to ponder what interests and motivates yourself. We hope that this course will help you find an interesting way of engaging in a hobby or a new object of interest.</p> <p>The possibilities of volunteer activities are myriad. In addition to the city, the wellbeing services county, organizations, associations, as well as event organizers offer volunteer activities. You can visit their websites and various events to learn more about their activities.</p> <p>It is great that you want to familiarize yourself with the possibilities of the City of Vantaa's volunteer activities.</p>